



# The Voice

"Leading the way to equity for women and girls in Washington state."



October 2019  
Vancouver, Washington Branch  
AAUW

vancouver-wa.aauw.net

**October 12<sup>th</sup> 10:00 a.m. AAUW Meeting**  
Community Room, Columbia Bank, 101 Sixth Street, Vancouver 98660

## **Prof. Garzon Maaks: Youth Suicide & and Mental Health Related to Violence**



**Dr. Dawn Garzon Maaks,**  
Clinical Professor, WSU-V

AAUW Vancouver's next general meeting will be held Saturday, October 12, at 10 a.m. in the community room at Columbia Bank, 101 Sixth Street, Vancouver. The meeting will feature a presentation on Youth Suicide & and Mental Health Related to Violence by Professor Dawn Garzon Maaks, Clinical Professor at WSU Vancouver.

Dr. Garzon Maaks is a certified Pediatric Primary Care Nurse Practitioner and Pediatric Primary Care Mental Health Specialist. She has a PhD in Nursing from the University of Missouri - St. Louis.

Dr. Garzon Maaks says, "People are becoming more and more aware that we're having a mental health crisis in this country." Suicide is the second-leading cause of death among young people ages 10 to 34, topped only by death from unintentional injury, such as car accidents.

"We recognized in the 1970s and 80s that we had to address automobile accidents, so we redesigned our roads and cars and put laws in place to require seatbelts," Garzon Maaks says. "We changed people's behavior, and now we have fewer people dying from car accidents in 2018 than we did in 1998." She believes that it is time to bring that

same comprehensive approach to mental health and suicide prevention.

Garzon Maaks has been working in pediatric primary care for nearly 25 years, for much of that time specializing in pediatric mental health. She's worked concurrently in nursing education for 20 years.



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**BEFORE THE MEETING....**

Come to general meetings at 10 and have a half-hour of coffee (or tea) and conversation with your AAUW friends in the lobby. The speaker begins at 10:30.

# Time to Renew Your AAUW Membership!!



## Vancouver Branch AAUW Membership Renewal Form for 2019 - 2020

Membership renewal fees for July 1, 2019 - June 30, 2020 are payable now.

Please complete this form and send it - with your check - to:

**Carol Brain, 7623 NW 3rd Avenue, Vancouver, WA 98665**

***THIS FORM MUST ACCOMPANY YOUR DUES CHECK***

Name \_\_\_\_\_

Address \_\_\_\_\_

*Street*

*City*

*State*

*Zip*

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_

Check the membership category that applies. **Make check payable to AAUW Vancouver Branch.**

**Regular Member ..... \$85**  
*Includes National (\$59), State (\$10)  
and Local Branch (\$16) dues*

**Honorary Member ..... \$0**  
*50 years of membership in AAUW*

**Dual Member ..... \$16**  
*For those who belong to another branch*

**Interest Group Only ..... \$16**  
*No degree. Membership in 1 interest group*

**Voluntary donation to Vancouver  
Branch Scholarships..... \$10**

**Life Member ..... \$26**  
*Has prepaid all national dues*

To save costs and promote environmental responsibility, AAUW Vancouver mails free hard copies of newsletters **ONLY** to members without email addresses. Alternately the fee is \$10.

**I do have an email address and want  
a hard copy of the newsletter.....\$10**

**Undergraduate College Student...\$18.81**  
*at accredited institutions*

**Graduate Student 1st year.....\$20**  
*2nd and following years.....\$85*

AAUW is a 501(c)3 nonprofit organization. \$46 of your dues is tax-deductible as a charitable donation.

***Thank you for joining the Vancouver Branch of AAUW!***



**How appropriate!** October is National Reading Group Month and AAUW Vancouver is organizing a new book group.



This will be a third book group, in addition to the First Thursday Book Group (which is at capacity and has a waiting list), and the Nonfiction Book Group (which has room for anyone interested). The third group is a great addition to the branch's interest group offerings. The new group is being organized to meet from 3-4:30 pm on the first Wednesday of each month. An organizational meeting was held at Pat Wozniak's home on Sep 4. The plan is to meet in October to discuss a book and continue to build structure for the group.

**The meeting will be on Wednesday, October 2, at 3 pm, at Pat Wozniak's (unless someone else would like to volunteer) at 16913 NE 79<sup>th</sup> Way in Vancouver.**

The book for discussion: *Where the Crawdad Sings* by Delia Owens.

Please bring suggestions for books to read for the next 6 months or you

may email these in advance to [patricia.wozniak@comcast.net](mailto:patricia.wozniak@comcast.net).

**Some things to consider for the October meeting:**

- Select books for the next 6 months - they can be fiction or non-fiction and any genre
- Sign up to host meetings
- Sign up to lead discussions
- Name for the group
- Ideas for how to recruit additional members?



**BRANCH LEADERS 2019 -2020**

**Officers:**

- President - Kay Hansen, [jkhansenor@aol.com](mailto:jkhansenor@aol.com)
- VP Programs—Lorraine Wheeler, [lorrainewheeler5445@gmail.com](mailto:lorrainewheeler5445@gmail.com)
- VP Membership – Linda Zupancic, [lindazupancic@gmail.com](mailto:lindazupancic@gmail.com)
- VP Finance – Carol Brain, [braincarol@aol.com](mailto:braincarol@aol.com)
- VP Communication - Pat Wozniak, [patricia.wozniak@comcast.net](mailto:patricia.wozniak@comcast.net)

**Chairpersons:**

- Auditor - Lisa Chabert, [slchabert@gmail.com](mailto:slchabert@gmail.com)
- Caring Hearts - Donna Roberge, [robenoz@comcast.net](mailto:robenoz@comcast.net)
- CFSW Advisory Comm./Scholarship - Kathy Walker, [kcwalker41@gmail.com](mailto:kcwalker41@gmail.com)
- College/Univ. Relations - Pat Stryker, [pat.stryker@icloud.com](mailto:pat.stryker@icloud.com)
- Directory - Pat Stephens, [pat.stephens@msn.com](mailto:pat.stephens@msn.com)
- Holiday Brunch - Carol Ellison & Chris Lines, [mcellison@comcast.net](mailto:mcellison@comcast.net), [clines4@comcast.net](mailto:clines4@comcast.net)
- Historian - Kara Lynn Rankin, [karalynnraink@gmail.com](mailto:karalynnraink@gmail.com)
- Interbranch Council Reps - Kathy Walker & Kay Hansen
- Newsletter Editor - Kathy Walker, [kcwalker41@gmail.com](mailto:kcwalker41@gmail.com)
- Public Policy - Dee Brookshire, [d.brookshire@comcast.net](mailto:d.brookshire@comcast.net)
- STEM Reception - Melanie Handshaw, [meltravels2001@yahoo.com](mailto:meltravels2001@yahoo.com)
- Tech Trek Coordinator - Wanda Holmes, [wwilsongm@gmail.com](mailto:wwilsongm@gmail.com)
- Web Master - Kathy Chennault, [kchennault@clark.edu](mailto:kchennault@clark.edu)

**INTEREST GROUP LEADERS 2019 -2020**

- Bridge:** Ruth Harbaugh, [rhrtravel@comcast.net](mailto:rhrtravel@comcast.net)
- Mah Jongg:** Lorraine Wheeler, [lorrainewheeler5445@gmail.com](mailto:lorrainewheeler5445@gmail.com)
- Nonfiction Books:** Nancy Stepsis, [nf8@evansville.edu](mailto:nf8@evansville.edu) & Pam Rio, [pamelaprunetree@hotmail.com](mailto:pamelaprunetree@hotmail.com)
- 1st Thurs Book Club:** Michelle Girts, [magirts@comcast.net](mailto:magirts@comcast.net)
- New Book Club:** Pat Wozniak, [patricia.wozniak@comcast.net](mailto:patricia.wozniak@comcast.net)
- Great Decisions:** Carol Brain, [braincarol@aol.com](mailto:braincarol@aol.com)



**Mission Statement:** AAUW advances equity for women and girls through advocacy, education and research.

**Vision Statement:** AAUW will be a powerful advocate and visible leader in equity and education through



## Nine Things a Woman Could Not Do in 1971

The following list is of **NINE** things a woman could not do in 1971 – Yes ,the date is correct, **1971!** She could not:

1. Get a Credit Card in her own name – it wasn't until 1974 that a law forced credit card companies to issue cards to women without their husband's signature.
2. Be guaranteed that they wouldn't be unceremoniously fired for the offense of getting pregnant – that changed with the Pregnancy Discrimination Act of \*1978\*!
3. Serve on a jury - It varied by state (Utah deemed women fit for jury duty way back in 1879), but the main reason women were kept out of jury pools was that they

were considered the center of the home, which was their primary responsibility as caregivers. They were also thought to be too fragile to hear the grisly details of crimes and too sympathetic by nature to be able to remain objective about those accused of offenses. In 1961, the Supreme Court unanimously upheld a Florida law that exempted women from serving on juries. It wasn't until 1973 that women could serve on juries in all 50 states.

4. Fight on the front lines – admitted into military academies in 1976 it wasn't until 2013 that the military ban on women in combat was lifted. Prior to 1973 women were only allowed in the military as nurses or support staff.

5. Get an Ivy League education - Yale and Princeton didn't accept female students until 1969. Harvard didn't admit women until 1977 (when it merged with the all-female Radcliffe College). Brown (which merged with women's college Pembroke), Dartmouth and Columbia did not offer admission to women until 1971, 1972 and 1981, respectively. Other case-specific instances allowed some women to take certain classes at Ivy League institutions (such as Barnard women taking classes at Columbia), but, by and large, women in the '60s who harbored Ivy League dreams had to put them on hold.

6. Take legal action against workplace sexual harassment. Indeed the first time a court recognized office sexual harassment as grounds for any legal action was in 1977!

7. Decide not to have sex if their husband wanted to – spousal rape wasn't criminalized in all 50 states until 1993. Read that again...1993.

8. Obtain health insurance at the same monetary rate as a man. Sex discrimination wasn't outlawed in health insurance until 2010 and today many, including sitting elected officials at the Federal level, feel women don't mind paying a little more. Again, that date was 2010.

9. The birth control pill: Issues like reproductive freedom and a woman's right to decide when and whether to have children were only just beginning to be openly discussed in the 1960s. In 1957, the FDA approved of the birth control pill but only for "severe menstrual distress." In 1960, the pill was approved for use as a contraceptive. Even so, the pill was illegal in some states and could be prescribed only to married women for purposes of family planning, and not all pharmacies stocked it. Some of those opposed said oral contraceptives were "immoral, promoted prostitution and were tantamount to abortion." It wasn't until several years later that birth control was approved for use by all women, regardless of marital status. In short, birth control meant a woman could complete her education, enter the work force and plan her own life.

Oh, and one more thing, prior to 1880 which is just a few years before the photo of this very proud lady was taken, the age of consent for sex was set at 10 or 12 in more states, with the exception of our neighbor Delaware – where it was 7 YEARS OLD!



Member Memos...



Memorials

Joann Johnson



Joann Johnson passed away on July 17, 2019. Joann joined our branch on July 1, 1990 and was a member for 29 years. She served as Vancouver Branch president from 1993 –1995.

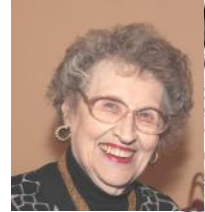
Joann graduated from Portland State University with a BA and then a Masters in Communications. She went to college to get her BA when she was in her 50s, after being a homemaker and having 4 children. She graduated from college, finishing her Masters, in her 60s.

Joann’s father had told her she couldn't go to college. She had to go to Secretarial School. She was a determined to earn a degree and when her kids left the nest...she had time. She went to college at the same time that her daughter Linda (Campbell) did!

Joann also did a lot of volunteering. She was very involved with her children’s activities while they were growing up...Blue Bird leader, PTA president, etc. After she received her degrees, she continued to volunteer.

Joann is fondly remembered for her leadership in our branch.

Geraldine Lonergan



Jerry Lonergan passed away Sept. 2, 2019. She joined AAUW in 1994, and was a member of our branch for 25 years. Jerry had traveled to all 50 states and 37 foreign countries and shared her travel experiences with our branch’s former World Affairs interest group.

Jerry had a BS in Education and a Masters in Library Science. She had attended the University of Washington and Wayne State U.

In addition to being a homemaker and mother of 5 sons, she worked as a teacher and librarian/media specialist in Detroit, MI inner city schools for 23 years. She also worked as a credit manager, interior decorator, secretary/receptionist, and title insurance secretary.

In the northwest, Jerry volunteered as a docent for the Portland Art Museum and belonged to St. Luke’s Church, where she computerized the church’s vital records. She also belonged to the Clark County Genealogical Society and several art councils.

We will all miss seeing her at our annual holiday event.

SAVE THE DATES FOR 2019-2020 AAUW MEETINGS AND EVENTS



Unless otherwise noted, meetings are held at 101 Sixth St. in Vancouver and begin at 10 am .

MONTH	TOPIC/SPEAKER	MONTH	TOPIC/SPEAKER
Oct 12	Youth Suicide, Prof Dawn Garzon Maaks	Mar 14	The Differences in Islam Culture Explained
Nov 9	The National Confluence Project: Native American Folkways	Apr 11	The Future of Newspapers
Dec 14	Holiday Brunch, Royal Oaks Country Club	Apr 19?	STEM Reception, STEM Building Clark College
Jan 11	MESA Program K-12, Clark College & WSU	May 9	Installation Meeting
Feb 8	Women Entrepreneurs in Vancouver, Seidy Selivanow, owner of Kafix Roasters	Jun 13	Program Planning Meeting



# Sexual Harassment and Sexual Assault under Title IX

EMPOWERING WOMEN  
SINCE 1881

## ADVOCACY

Title IX of the Education Amendments of 1972 is a comprehensive federal civil rights law that prohibits sex discrimination in education. It covers all students and staff in any educational institution or program that receives federal funding, including local school districts, colleges and universities, for-profit schools, career and technical education agencies, libraries, and museums.

Although sexual harassment and sexual violence can happen to anyone, university and college women are disproportionately affected, impeding their safety, comfort, access to education, and ability to participate in campus life. Both sexual harassment and sexual violence are forms of sex discrimination covered under Title IX. The law protects students from sexual harassment and violence that occur in the course of a school's education programs and activities. Once a school knows of or reasonably should have known about sexual harassment or sexual assault on campus, Title IX requires the school to promptly investigate the complaint and take steps to protect its students.

Students who have faced sexual harassment or sexual violence, can file an internal complaint with their school, and the school may take steps to prevent further harassment. Those steps could include changing the student's class schedule, prohibiting the perpetrator from contacting the victim, or taking disciplinary action against the perpetrator.

If you believe a college/university has failed to investigate complaints or protect its students, you can file a complaint with the U.S. Department of Education's Office for Civil Rights (OCR), the federal government agency charged with enforcing Title IX.

# New Directory



Vancouver, Washington  
Branch  
Membership Directory

2019-2020

**BE SURE  
TO PICK UP  
YOUR NEW  
DIRECTORY  
AT THE  
OCT MEETING**

Pat Stephens will have the new 2019 -2020 Membership Directory available at the meeting on Oct 14. If you can't attend, please ask a friend to pick yours up for you.

## ♥♦♣♠ Bridge News ♠♣♦♥

### Kudos to Bridge Winners...

#### August

- 1st: Ruth Harbaugh
- 2nd: Diane Grubel



### NOTICE



This year's Holiday Bridge Luncheon will be a potluck held at Diane Grubel's on Friday, December 13<sup>th</sup>.

Contact Ruth Harbaugh for details and to sign up for a potluck item.



AAUW Please Patronize our Wonderful 2018 Business Donors!



Talk of the Town Salon



Black Bear Diner

NEW SEASONS MARKET



Bleu Door BAKERY



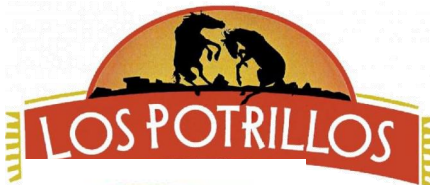
c'est la vie



The Pita Pit



IHOP



AAUW Please Patronize our Wonderful 2018 Business Donors!

**BI-MART**



THE  
**HAMMOND**

KITCHEN + CRAFT BAR



**PHILLY BILMOS**  
Cheesesteaks

**FARRAR'S BISTRO**  
— RESTAURANT & BAR —



**PITA HOUSE**



**Sixth Avenue**  
BISTRO



**SportClips**  
HAIRCUTS



**SUPERCUTS**



**Chutneys**  
A PREMIUM INDIAN RESTAURANT







## AAUW Vancouver Branch Interest Groups



Every Tuesday  
1-4 pm at Lorraine Wheeler's  
10916 SE 18th St., Vancouver

**Oct 1, 8, 15, 22 & 29**  
**1-4 pm**

at Lorraine Wheeler's  
Mah Jongg lessons are offered  
to newcomers to the group.

Contact Lorraine Wheeler for info at:  
360-314-2480 or  
lorrainewheeler5445@gmail.com



### New Book Group

Monthly, 1st Wednesday, 3 pm

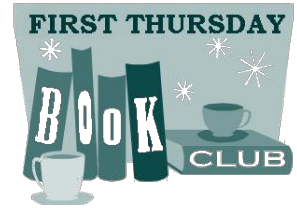
**First Meeting of the  
New Book Group...**  
**Attend & help choose  
its name!**

**Oct 2 3 pm**  
at Pat Wozniak's,  
16913 NE 79<sup>th</sup> Way,  
Vancouver

**Where the Crowdad Sings**  
by Delia Owens

### ANY QUESTIONS?

Please contact Pat Wozniak at  
847-772-8472 or



Monthly, 1st Thursday, 2 pm

**Oct 3 2 pm**

**Michelle Girts hosts  
and  
Elsie Chan**  
will lead the  
discussion of:

**Monk of Mokha**

by Dave Eggers

Contact Michelle Girts or visit  
<http://vancouver-wa.aauw.net>  
for more information

## Nonfiction



Every other month, 3rd Thurs, 10 a.m.  
Shorewood, 5555 E Evergreen Blvd.

**Nonfiction Book Group  
does not meet in October**

**For info, contact:**  
Nancy Stepsis  
360-896-6521 nf8@evansville.edu  
or Pam Rio  
907-750-1868 pamelaprune-  
tree@hotmail.com



Monthly, 4th Friday, 10 am - 3pm  
Glenwood Card Room  
5500 NE 82nd Ave, Vancouver

**Oct 25**  
**10 am - 3 pm**  
**Card Room**

**3rd Floor @ Glenwood**

Contact the BRIDGE SECRETARY to play  
Oct Secretary: Diane Grubel

**BRING lunch & snacks!**



Monthly, Last Monday, 2pm,  
Vancouver Pointe, 4555 NE 66th  
Ave, Vancouver

Great Decisions will start  
meeting again in  
the new year  
to discuss the 2020 book.

**Held jointly with  
Hudson's Bay AAUW**

Contact Carol Brain at  
braincarol@aol.com for info

# October 2019 Vancouver Branch AAUW Activities & Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Mah Jongg 1:00 p.m. at Lorraine Wheeler's	2 New Book Group First Mtg. 3 p.m. Pat Wozniak's	3 1st Thurs Book Club 2 p.m. at Michelle Girts'	4	5
6	7	8 Mah Jongg 1:00 p.m. at Lorraine Wheeler's	9	10	11	12 AAUW Meeting 10:00 Columbia Bank
13	14	15 Mah Jongg 1:00 p.m. at Lorraine Wheeler's	16	17	18	19
20	21	22 Mah Jongg 1:00 p.m. at Lorraine Wheeler's	23	24	25 AAUW Bridge 10 a.m. at Glenwood	26
27	28	29 Mah Jongg 1:00 p.m. at Lorraine Wheeler's	30	31 		

 Please consider the environment before printing this publication.